

## **Mental Health Task Force: Quarter 1 Progress Meeting**

Date: April 13, 2016

Time: 10:30-11:30 a.m.

Location: City Hall Auditorium

### **Situation Report – see quarterly progress report for additional details**

#### Education & Training Recommendations

- **Develop an education program for Fishers Police Department and Fishers Fire Department – Chief Davison/ Angela Ellison**
  - A quarterly training program has been put in place for all FPD personnel; first training was on immediate detentions
  - FPD just had its sixth CIT class with 47 participants, 12 from Fishers and five from the fire department. That puts FPD at about 50 percent of officers trained
  - Looking at further training for CIT for youth next year; a couple of SROs will do CIT Youth this year
- **Quarterly audit/review of mental health runs to see what can be learned – Chief Davison**
  - On the medical side reviews are done with a doctor to make sure response was in alignment with normal treatment outcomes; want to do the same thing on the mental health side with a mental health professional
- **Enhance the City's partnership with behavioral health providers – Mayor Fadness**
  - When this initiative began we had limited knowledge of who the health providers were in the mental health field; have made a lot of progress in understanding the different stakeholders and building different relationships
  - Continuing to share the story of what's going on, what we're trying to accomplish and where we need help; that is ongoing
- **Develop systemic comprehensive plan for schools – Dr. Mike Beresford**
  - All guidance counselors have been trained in suicide prevention; a handful of guidance counselors will receive even more extensive training than that and will act as lead trainers
  - Every fifth-12th grade teacher will be trained in suicide prevention by the end of this year (that's 700-800 teachers); goal is to educate early-childhood through grade four teachers by the end of next year
  - Worked with Aspire to increase the number of mental health professionals serving students in schools
  - Through the Peyton Riekhof Foundation, HSE had support groups for students at both high schools; includes outside professional working with school guidance counselors with 8-12 students during the school day
  - Have never had more support for students in the area of mental health than there is now
- **Develop a youth training plan for public safety departments – Mike Johnson**
  - A couple of years ago, FPD SROs moved away from DARE model to adjust to student needs and create their own content

- Once SROs have completed CIT for youth program, Mike Johnson will gather the SROs, Dr. Beresford Chris Graves and others that are involved to create a presentation for junior high kids
- **Develop a community wide-communications campaign – Autumn Gasior**
  - Task force partners have reviewed and provided feedback on the community awareness campaign
  - The StigmaFreeFishers will kick off first, tactics include:
    - We will do a callout for StigmaFreeFishers ambassadors to help us spread the word on the StigmaFreeFishers initiative
    - StigmaFreeFishers Tumblr ([www.stigmafreefishers.com](http://www.stigmafreefishers.com)) will allow individuals to share their personal stories about mental health
    - A Ride out the Stigma Bike Ride is being planned for the summer to continue to raise awareness
  - May is Mental Health Month
    - We will have a presence at the Fishers Farmers Market every Saturday in May; we are looking to utilize volunteers to help us staff some of the summer community events
    - We will be publishing a “What Mental Illness Feels Like” blog every week through the month of May at [www.fishers.in.us/blog](http://www.fishers.in.us/blog)
  - We will be piggybacking of national awareness days and tactics that national associations already have established
- **Develop an awareness training program for coaches – Katie Keesling**
  - Met with Lynda Carlino at HSE SPORTS; have started a mental fitness piece that includes a one-page overview for coaches including statistics, symptoms, etc. will continue to distribute that and communicate about mental health through this year
  - In 2017, will plan to start a training curriculum program for key people, may look at task force members to help get some momentum behind the training for coaches

#### Resources & Access Recommendations

- 1. Remodel community paramedicine program to include protocol for mental health runs – Chief Davison**
  - Will work with ASPIRE, HSE Schools and Community Health network to develop mental health protocols; have divided up into three committees including the school discharge program, the discharge program for Community and crisis response with Aspire
- 2. Develop Intensive Care Coordination program for youth – Joan Reed**
  - Through Community Health Network’s Zero Suicide Grant, Community has hired three Intensive Care Coordinators who follow the patients that are high risk that come out of inpatient treatment
  - Working to make sure kids are connected when they come out of inpatient treatment and don’t fall through the cracks

**Next Meeting Date: July 13, 10:30-11:30 a.m.**