

### Faith-Based Mental Health Meeting

Date: April 14, 2016

Time: 1:30 – 2:30 p.m.

Location: City Hall Auditorium

### Purpose & Opportunity – Chief Orusa

Overview of mental health task force quarterly progress document here:

**Purpose:** Develop a community that embraces mental health treatment before crisis occurs. Take a systemic approach to mental health challenges in our community.

**Mission:** Protect the health and welfare of Fishers residents.

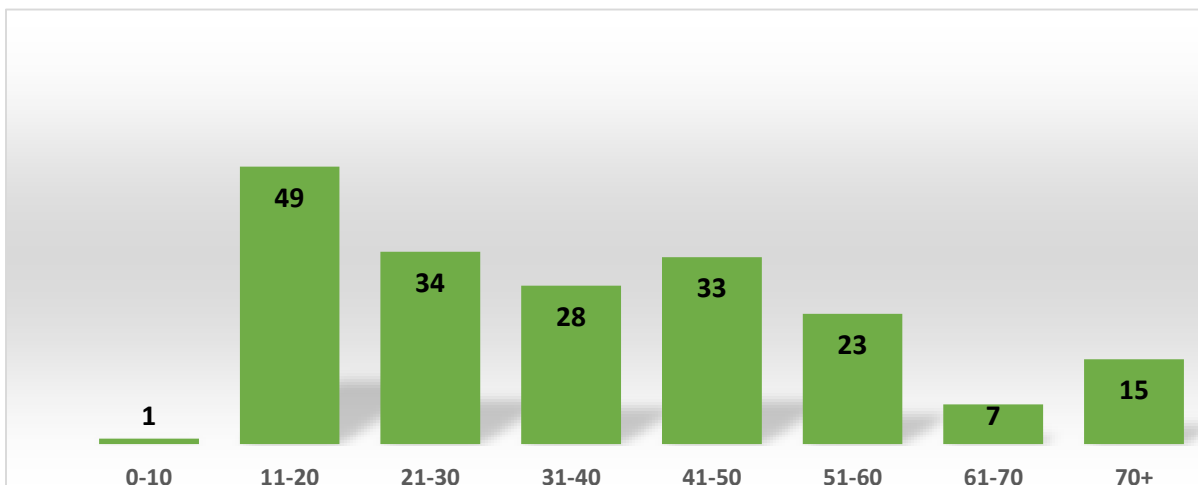
### Information & Data Gathering – Chief Davison

#### 2015 Behavioral Health Response Overview

Age Group	Overall Percentage
0-10	0.5
11-20	26
21-30	18
31-40	15
41-50	17
51-60	12
61-70	4
70+	8

Complaint Type	Response Percentage
Depression	3
Suicide Death	7
Suicidal Ideation	9
Misc.	9
Anxiety	12
Mental / Emotional	15
Alcohol Related	17
Overdose	28

#### Encounters by Age Group



#### Behavioral Response Type by Age Group

Overdose									
	0-10	11-20*	21-30	31-40	41-50	51-60	61-70	71+	
Male	0	9	8	3	0	2	0	0	22
Female	0	13	7	5	4	2	1	0	32
	0	22	15	8	4	4	1	0	54
(*No patients < 15 in this category)									
Alcohol Related									
	0-10	11-20	21-30	31-40	41-50	51-60	61-70	71+	
Male	0	0	7	6	1	6	1	0	21
Female	0	2	0	1	3	4	1	1	12
	0	2	7	7	4	10	2	1	33
Suicidal Ideation									
	0-10	11-20	21-30	31-40	41-50	51-60	61-70	71+	
Male	0	2	0	3	0	2	1	0	8
Female	0	2	0	3	1	1	1	1	9
	0	4	0	6	1	3	2	1	17
Mental/Emotional									
	0-10	11-20	21-30	31-40	41-50	51-60	61-70	71+	
Male	1	3	0	0	2	0	0	4	10
Female	0	7	1	5	4	1	0	0	18
	1	10	1	5	6	1	0	4	28
Anxiety									
	0-10	11-20	21-30	31-40	41-50	51-60	61-70	71+	
Male	0	3	0	2	1	0	0	0	6
Female	0	2	3	3	5	1	2	0	16
	0	5	3	5	6	1	2	0	22
Depression									
	0-10	11-20	21-30	31-40	41-50	51-60	61-70	71+	
Male	0	2	2	0	1	0	0	0	5
Female	0	0	0	0	0	1	0	0	1
	0	2	2	0	1	1	0	0	6

### Where is there an opportunity to help – Chief Orusa

- Working with HSE SPORTS on a mental fitness education program
  - o In 2016 HSE SPORTS will increase mental health education and awareness for parents and coaches
  - o In 2017 HSE SPORTS will have a voluntary online education program for coaches
  - o In 2018 the mental fitness education will be mandatory
- What's startling about Mental Health Facts and Resources (attached)?
  - o Suicide component is startling; Indiana is highest in the country for suicide ideation, 19 percent of Indiana students have considered suicide
  - o Does this present an opportunity for the faith-based community to help out? The stats say teenage suicide is an area where there's a gap.
    - Schools see youth 5x a week, churches see students 1-2x a week. Youth ministries have closest relationship with students. Is there anything that other ministers can do to help parents?
  - o Mike Riekhof, founder of Peyton Riekhof Foundation for Youth Hope, sees an opportunity to partner with faith-based community to broaden audience for his Night of Hope event
    - Identified opportunities include:
      - Larger panel of experts
      - Additional speakers
      - Benefit concert at Conner Prairie or Nickel Plate District Amphitheater
      - Holding an event at both high schools

- Is there a way to do a joint youth event among local ministries the same weekend as Night of Hope Event? Interested in creating a ripple effect among the youth
  - Training is also needed for youth pastors and leaders that are working with students
  - Teenage leaders are a key part of working to reduce stigma and increase awareness among students
- Carole Wills – NAMI Faith Net Advisory Group
  - Provides resources for clergy to share with their congregations
  - NAMI also provides training that City could promote and clergy could participate
- Faith leaders need additional training on mental health challenges including depression, anxiety, etc.
- The City is willing to provide speakers for clergy events on mental health as requested

**Follow-up items:**

- Mike Riekhof will attend next meeting to talk about partnering on Night of Hope event
- Carole Wills will attend next meeting to talk about available mental health training and resources

**Next Meeting Date:**

May 31, 1:30-2:30 p.m., City Hall Auditorium