



Resources in Central Indiana

Crisis, Support, and Referral Resources		
<i>The resources below are available either by telephone, text, and/or online for persons in need of referral, support, and intervention. The person at risk or family and friends may call these resources at any time for help. All the resources below are free to the caller.</i>		
Organization	Contact Information	Description
National Suicide Prevention Lifeline (NSPL)	Telephone: 800-273-TALK (8255) www.suicidepreventionlifeline.org	The NSPL is a national telephone and chat hotline that can be called for intervention, referral and support by anyone at any time. Free and confidential.
Veterans Crisis Line	Telephone: 800-273-TALK (8255) & Press 1 https://www.veteranscrisisline.net/	The Veterans Crisis Line connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text.
Mental Health America of Greater Indianapolis: Crisis & Suicide Intervention Service	Telephone: 317-251-7575 Text line: text the code CSIS to the number 839863 http://www.mhaindy.net/	MHA Indy is available for support and referral, crisis intervention and suicide intervention to anyone at any time. Free and confidential.
Rape, Abuse and Incest National (RAINN) Network	Telephone: 800-656-HOPE (4673) https://rainn.org/	RAINN has live help for sexual assault victims and their friends and families. Free. Confidential. Secure. By telephone or online chat.
Indiana Adult Protective Services (APS)	Telephone: 800-992-6978 http://www.in.gov/fssa/da/3479.htm	APS operates a toll-free hotline for people to report suspected cases of adult (18 years of age +) abuse or neglect. Available 24 hours a day.
Indiana Child Protective Services (CPS)	Telephone: 800-800-5556 http://www.in.gov/dcs/2398.htm	CPS operates a toll-free hotline for people to report suspected cases of child (up to and including 17 years of age) abuse or neglect. Available 24 hours a day.
Trevor Project	Telephone: 866-488-7386 Text line : text the code Trevor to the number 202-304-1200 (available from 4p – 8p ET) www.thetrevorproject.org	The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people ages 13-24. It provides telephone, text and chat capabilities.
Local Police: Indianapolis Metropolitan Police Department (IMPD)	Emergency: 911 Emergency: 317-327-3271 Non-Emergency: 317-327-3811 http://www.indy.gov/eGov/City/dps/impd	If you or someone you know is in a life-threatening situation, please call 9-1-1 or the local police number.
National Alliance on Mental Illness (NAMI) Indiana	Telephone: 800-677-6442 Website: https://drive.google.com/file/d/0B00Ao3fD2IK_ZVdxbmFMaEpySlZpSC1NODFFbDI2R1JhdGtj/view	Planning for and Responding to a Mental Health Crisis in Indiana
Connect2Help 211	Telephone: 211 Telephone: 317-317-926-4357 Website: http://www.connect2help211.org/	Connect2Help 211 facilitates connections between people who need human services and those who provide them.



Resources in Central Indiana

Psychiatric Emergency Departments

The facilities below have psychiatric emergency rooms that will assess a person in crisis on site and refer them to the proper treatment.

Facility	Contact Information	Address
Community Hospital North (CHN) Community Hospital East* Community Hospital South*	Telephone: 317-621-5700 Text line: text the code HELPNOW to the number 20121 *Assessment may be conducted via closed circuit television from CHN. http://ecommunity.com/s/behavioral-health/mental-health-disorders-treatment/	Behavioral Health Pavilion 7165 Clearvista Pkwy Indianapolis, IN 46256
Eskenazi Hospital	MARION COUNTY RESIDENTS ONLY Telephone: 317-880-8491 Crisis Line: 317-880-8485 http://www.eskenazihealth.edu/our-services/midtown-community-mental-health	MARION COUNTY RESIDENTS ONLY Eskenazi Hospital Crisis Intervention Unit 710 Eskenazi Ave. Indianapolis, IN 46202
IU Health Methodist Hospital	Telephone: 317-962-2622 Emergency Department: 317-962-8355 http://iuhealth.org/methodist/behavioral-health/	1701 N. Senate Blvd. Indianapolis, IN 46202
Options Behavioral Health System	Telephone: 866-623-3713 http://www.optionsbehavioralhealthsystem.com/	5602 Caito Dr. Indianapolis, IN 46226
Richard L. Roudebush Veterans Administration Medical Center	QUALIFYING VETERANS OF THE UNITED STATES MILITARY ONLY Emergency Department: 317-988-2539 Crisis Line: 800-273-TALK (8255) & Press 1 http://www.indianapolis.va.gov/services/Emergency.asp	QUALIFYING VETERANS OF THE UNITED STATES MILITARY ONLY 1481 West 10th Street Indianapolis, IN 46202
St. Vincent Stress Center	Telephone: 317-338-4800 https://www.stvincent.org/St-Vincent-Indianapolis/Healthcare-Services/Mental-and-Behavioral-Health.aspx	8401 Harcourt Rd. Indianapolis, IN 46260
Valle Vista Hospital	Telephone: 800-447-1348 http://www.vallevistahospital.com	898 East Main Street Greenwood, IN 46143



Resources in Central Indiana

Community Mental Health Center (CMHC) Outpatient Resources

CMHCs are providers of comprehensive mental health services offering outpatient, home-based, school, and community-based programs to children, adolescents, adults and families. The facilities below offer outpatient services by appointment. Wait times and availabilities will vary across each CMHC. We recommend calling multiple resources to find an appointment that fits your needs. Fees are charged on a sliding scale fee for all facilities listed below.

Facility	Contact Information	Areas Served
Adult and Child Mental Health Center	Telephone: 317-882-5122 http://adultandchild.org/	Indy south side and Johnson County
Aspire Indiana Behavioral Health Systems	Telephone: 877-574-1254 Crisis Line: 800-560-4038 http://www.aspireindiana.org	Indy north side: Boone, Madison, & Hamilton Counties
Centerstone of Indiana	Telephone: 800-344-8802 Crisis Line: 800-832-5442 https://centerstone.org/locations/indiana	South central Indiana
Cummins Mental Health Centers, Inc.	Telephone: 317-272-3330 Crisis Line: 888-244-6083 http://cumminsbhs.org/	Indy west side: Boone, Hendricks, Montgomery & Vigo counties
Hamilton Center, Inc.	Telephone: 317-837-9719 Crisis Line: 800-742-0787 http://hamiltoncenter.org	Indy west side: Hendricks County
Hamilton Center, Inc.	Telephone: 317-937-3700 Crisis Line: 800-742-0787 http://hamiltoncenter.org	Hendricks, Morgan, Putnam counties
Gallahue Mental Health Services (Community Health Network)	Telephone: 317-621-5700 Crisis Line: 317-621-5700 Text line: text the code HELPNOW to the number 20121 http://ecomunity.com/s/behavioral-health/locations-and-contact	Indy east and north sides: Hamilton, Hancock, Johnson, Madison & Shelby
Midtown Community Mental Health Center	MARION COUNTY RESIDENTS ONLY Telephone: 317-880-8491 Crisis Line: 317-880-8485 http://www.eskenazihealth.edu/our-services/midtown-community-mental-health	MARION COUNTY RESIDENTS ONLY



Resources in Central Indiana

Mental Health Inpatient Hospitals		
<i>The facilities below offer inpatient services when the need for such services is assessed by a doctor.</i>		
Facility	Contact Information	Address
<i>Community Hospital North</i>	Telephone: 317-621-5700 Text line: text the code HELPNOW to the number 20121 Inpatient services for: Children, Adolescents, Adults http://ecomunity.com/s/behavioral-health/mental-health-disorders-treatment/	Behavioral Health Pavilion 7165 Clearvista Pkwy Indianapolis, IN 46256
<i>IU Health Methodist Hospital</i>	Telephone: 317-962-2622 Emergency Department: 317-962-8355 Inpatient services for: Children, Adolescents, Adults http://iuhealth.org/methodist/behavioral-health/	1701 N. Senate Blvd. Indianapolis, IN 46202
<i>Midtown Community Mental Health Center</i>	MARION COUNTY RESIDENTS ONLY Telephone: 317-880-8491 Crisis Line: 317-880-8485 Inpatient services for: Adults 18 years of age and older http://www.eskenazihealth.edu/our-services/midtown-community-mental-health	MARION COUNTY RESIDENTS ONLY Eskenazi Hospital Crisis Intervention Unit 710 Eskenazi Ave. Indianapolis, IN 46202
<i>NeuroPsychiatric Hospital of Indianapolis</i>	Telephone: 317-744-9200 Inpatient services for: Adults 21 years of age and older with a focus on geriatric (age 50+) inpatient psychiatric treatment http://www.neuropsychiatric-hospital-of-indianapolis/	6720 Parkdale Place Indianapolis, Indiana 46254
<i>Options Behavioral Health System</i>	Telephone: 866-623-3713 Inpatient services for: Children, Adolescents, Adults http://www.optionsbehavioralhealthsystem.com/	5602 Caito Dr. Indianapolis, IN 46226
<i>Richard L. Roudebush Veterans Administration Medical Center</i>	QUALIFYING VETERANS OF THE UNITED STATES MILITARY ONLY Emergency Department: 317-988-2539 Crisis Line: 800-273-TALK (8255) & Press 1 http://www.indianapolis.va.gov/services/Emergency.asp	QUALIFYING VETERANS OF THE UNITED STATES MILITARY ONLY Walk-in Clinic, D wing, room D5029 Mon - Fri, 8:00 a.m. - 5:00 p.m. 1481 West 10th Street Indianapolis, IN 46202
<i>St. Vincent Stress Center</i>	Telephone: 317-338-4800 Inpatient services for: Children, Adolescents, Adults https://www.stvincent.org/St-Vincent-Indianapolis/Healthcare-Services/Mental-and-Behavioral-Health.aspx	8401 Harcourt Rd. Indianapolis, IN 46260
<i>Valle Vista Hospital</i>	Telephone: 800-447-1348 Inpatient services for: Children, Adolescents, Adults http://www.vallevistahospital.com	898 East Main Street Greenwood, IN 46143



Resources in Central Indiana

Addiction Inpatient Resources

The facilities below offer inpatient services when the need for such services is assessed. They are private facilities, therefore payment options and insurance types are limited.

Facility	Contact Information	Address
<i>Community Hospital North</i>	Telephone: 317-621-5700 Text line: text the code HELPNOW to the number 20121 http://www.ecommunity.com/s/behavioral-health/addiction-and-chemical-dependency/	Behavioral Health Pavilion 7165 Clearvista Pkwy Indianapolis, IN 46256
<i>Fairbanks Addiction Treatment Center</i>	Telephone: 317-572-9396 http://www.fairbankscd.org/	8102 Clearvista Parkway Indianapolis, IN 46256
<i>Salvation Army Harbor Light Center</i>	Telephone: 317-972-1450 http://corps.salvationarmyindiana.org/harborlight/detox/	2400 N. Tibbs Ave Indianapolis, IN 46222
<i>St. Vincent Stress Center</i>	Telephone: 317-338-4800 https://www.stvincent.org/St-Vincent-Indianapolis/Healthcare-Services/Mental-and-Behavioral-Health/Stress-Center-Programs.aspx	8401 Harcourt Rd. Indianapolis, IN 46260
<i>Tara Treatment Center</i>	Telephone: 800-397-9978 https://www.taratreatmentcenter.org/	6231 S. U.S. 31 Franklin, IN 46131
<i>Valle Vista Hospital</i>	Telephone: 800-447-1348 http://www.vallevistahospital.com	898 East Main Street Greenwood, IN 46143



Resources in Central Indiana

Addiction Outpatient Resources		
<i>The facilities below offer outpatient services for addiction.</i>		
Facility	Contact Information	Areas Served/Address
<i>Aspire Indiana Behavioral Health Systems</i>	Telephone: 877-574-1254 Crisis Line: 800-560-4038 http://www.aspireindiana.org/addiction-services/	Indy north side: Boone, Madison, & Hamilton Counties
<i>Centerstone of Indiana</i>	Telephone: 800-344-8802 Crisis Line: 800-832-5442 https://centerstone.org/locations/indiana	South central Indiana
<i>Cummins Mental Health Centers, Inc.</i>	Telephone: 317-272-3330 Crisis Line: 888-244-6083 http://cumminsbhs.org/services/substance-use-treatment	Indy west side: Boone, Hendricks, Montgomery & Vigo counties
<i>Drug Free Marion County</i>	Telephone: 317-254-2815 http://www.drugfreemc.org/TreatmentProviderDirectory	Treatment Provider Directory
<i>Families First</i>	Telephone: 317-634-6341 http://familiesfirstindiana.org/programs-services/chemical-dependency	615 North Alabama Street Suite 320 Indianapolis, IN 46204
<i>Fairbanks Addiction Treatment Center</i>	Telephone: 317-572-9396 http://www.fairbankscd.org/	8102 Clearvista Parkway Indianapolis, IN 46256
<i>Franciscan St. Francis Behavioral Health</i>	Telephone: 317-783-8383 Crisis Line: 317-782-6495 800-509-5111 http://www.franciscanalliance.org/hospitals/indianapolis/services/behavioral-health/pages/outpatient.aspx	610 E. Southport Rd., Suite 100 Indianapolis, IN 46227 1201 Hadley Road Mooresville, IN 46158
<i>Gallahue Mental Health Services (Community Health Network)</i>	Telephone: 317-621-5700 Crisis Line: 317-621-5700 Text line: text the code HELPNOW to the number 20121 http://ecomunity.com/s/behavioral-health/locations-and-contact	Indy east, south & north sides: Hamilton, Hancock, Johnson, Madison & Shelby counties
<i>Hamilton Center, Inc.</i>	Telephone: 317-837-9719 Crisis Line: 800-742-0787 http://www.hamiltoncenter.org/services/addictions.html	Indy west side: Hendricks County
<i>Hamilton Center, Inc.</i>	Telephone: 317-937-3700 Crisis Line: 800-742-0787 http://www.hamiltoncenter.org/services/addictions.html	Hendricks, Morgan, Putnam counties



Resources in Central Indiana

Addiction Outpatient Resources		
<i>The facilities below offer outpatient services for addiction.</i>		
Facility	Contact Information	Address/Areas Served
<i>Indianapolis Comprehensive Treatment Center</i>	Telephone: 855-654-0341 http://www.indianactc.com/location/indianapolis	2626 E. 46 th St. Indianapolis, IN 46205
<i>IU Health Methodist Hospital</i>	Telephone: 317-962-2622 Emergency Department: 317-962-8355 http://iuhealth.org/methodist/behavioral-health/chemical-dependency	1701 N. Senate Blvd. Indianapolis, IN 46202
<i>Midtown Community Mental Health Center</i>	MARION COUNTY RESIDENTS ONLY Telephone: 317-880-8491 Crisis Line: 317-880-8485 http://www.eskenazihealth.edu/our-services/midtown-community-mental-health/addiction-services	MARION COUNTY RESIDENTS ONLY
<i>Marion County Public Health Department</i>	MARION COUNTY RESIDENTS ONLY Telephone: 317-221-4618 http://marionhealth.org/programs/population-health/substance-use-outreach-services/	MARION COUNTY RESIDENTS ONLY Substance Use Outreach Services 2951 E. 38th Street Indianapolis, IN 46218
<i>Richard L. Roudebush Veterans Administration Medical Center</i>	QUALIFYING VETERANS OF THE UNITED STATES MILITARY ONLY Telephone: 317-988-2721 317-988-4284 Crisis Line: 800-273-TALK (8255) & Press 1 http://www.indianapolis.va.gov/services/Mental_Health_Services.asp	QUALIFYING VETERANS OF THE UNITED STATES MILITARY ONLY Walk-in Clinic, D wing, room D5029 Mon - Fri, 8:00 a.m. - 5:00 p.m. 1481 West 10th Street Indianapolis, IN 46202
<i>Valle Vista Hospital</i>	Telephone: 800-447-1348 http://www.vallevistahospital.com/programs	898 East Main Street Greenwood, IN 46143



Resources in Central Indiana

Outpatient Counseling Providers		
<i>Below are some options for outpatient counseling. By appointment only.</i>		
Facility	Contact Information	Address
<i>Adult and Child Mental Health Center</i>	Telephone: 317-882-5122 http://adultandchild.org/	8320 Madison Ave Indianapolis, IN 46227
<i>Aspire Indiana Behavioral Health Systems</i>	Telephone: 877-574-1254 Crisis Line: 800-560-4038 http://www.aspireindiana.org	17840 Cumberland Road Noblesville, IN 46060
<i>Centerstone of Indiana</i>	Telephone: 800-344-8802 Crisis Line: 800-832-5442 https://centerstone.org/locations/indiana	11370 North SR 67 Mooresville, IN 46158
<i>Christian Theological Seminary Counseling</i>	Telephone: 317-924-5205 http://www.cts.edu/about-cts/counseling-center.aspx	1050 W. 42 nd St. Indianapolis, IN 46208
<i>Cummins Mental Health Centers, Inc.</i>	Telephone: 317-272-3330 Crisis Line: 888-244-6083 http://cumminsbhs.org/	6655 East U.S. 36 Avon, IN 46123
<i>Families First</i>	Telephone: 317-634-6341 http://familiesfirstindiana.org/programs-services	615 North Alabama Street Suite 320 Indianapolis, IN 46204
<i>Franciscan St. Francis Behavioral Health</i>	Telephone: 317-783-8383 Crisis Line: 317-782-6495 800-509-5111 http://www.franciscanalliance.org/hospitals/indianapolis/services/behavioral-health/pages/outpatient.aspx	610 E. Southport Rd., Suite 100 Indianapolis, IN 46227 1201 Hadley Road Mooresville, IN 46158
<i>Gallahue Mental Health Services (Community Health Network)</i>	Telephone: 317-621-5700 Crisis Line: 317-621-5700 Text line: text the code HELPNOW to the number 20121 http://ecomunity.com/s/behavioral-health/adult-services	Indy east and north sides: Hamilton, Hancock, Johnson, Madison & Shelby
<i>Hamilton Center, Inc.</i>	Telephone: 317-837-9719 Crisis Line: 800-742-0787 http://www.hamiltoncenter.org/Locations/Hendricks.html	900 Southfield Drive Plainfield, IN 46168
<i>Hamilton Center, Inc.</i>	Telephone: 317-937-3700 Crisis Line: 800-742-0787 http://www.hamiltoncenter.org/Locations/Marion.html	2160 N. Illinois Indianapolis, IN 46202



Resources in Central Indiana

Outpatient Counseling Providers		
<i>Below are some options for outpatient counseling. By appointment only.</i>		
Facility	Contact Information	Address/Areas Served
<i>Indiana Center for Children and Families</i>	Telephone: 317-631-2000 Treatment Services for: Children, Adolescents & Families (specializing in childhood trauma) http://www.indcenter.org	1431 N. Delaware St Indianapolis, IN 46202
<i>Lutheran Child and Family Services of Indiana</i>	Telephone: 317-359-5467 http://lutheranfamily.org/communitybased.html	1525 N. Ritter Avenue Indianapolis, IN 46219
<i>Marion County Public Health Department</i>	MARION COUNTY RESIDENTS ONLY Telephone: 317-221-8950 317-221-2364 http://marionhealth.org/programs/population-health/social-work/	MARION COUNTY RESIDENTS ONLY Social Work Department Action Health Center 2868 N. Pennsylvania St. Indianapolis, IN 46205
<i>Midtown Community Mental Health Center</i>	MARION COUNTY RESIDENTS ONLY Telephone: 317-880-8491 Crisis Line: 317-880-8485 http://www.eskenazihealth.edu/our-services/midtown-community-mental-health	MARION COUNTY RESIDENTS ONLY
<i>One Sensible Solution</i>	Telephone: 317-296-4914 Treatment Services for: Children, Adolescents & Adults http://www.onesensiblesolution.com/services-provided.html	6100 N. Keystone Ave, Suite 420 Indianapolis, IN, 46220
<i>Reach for Youth</i>	Telephone: 317-920-5900 Treatment Services for: Children & Adolescents http://www.reachforyouth.org/#!services/c21kz	3505 N Washington Blvd Indianapolis, IN 46205
<i>Riley Hospital for Children Psychiatry & Behavioral Sciences at IU Health</i>	Telephone: 317-274-8162 Treatment Services for: Children & Adolescents http://iuhealth.org/riley/behavioral-health	705 Riley Hospital Drive Indianapolis, IN 46202
<i>Richard L. Roudebush Veterans Administration Medical Center</i>	QUALIFYING VETERANS OF THE UNITED STATES MILITARY ONLY Telephone: 317-988-2721 317-988-4284 Crisis Line: 800-273-TALK (8255) & Press 1 http://www.indianapolis.va.gov/services/Mental_Health_Services.asp	QUALIFYING VETERANS OF THE UNITED STATES MILITARY ONLY Walk-in Clinic, D wing, room D5029 Mon - Fri, 8:00 a.m. - 5:00 p.m. 1481 West 10th Street Indianapolis, IN 46202

<i>University of Indianapolis Psychological Services Center</i>	Telephone: 317-788-6134 Treatment Services for: Children, Adolescents & Adults http://uindy.edu/psychologicalservicescenter	UIndy Health Pavilion 1643 E Hanna Ave, Suite 109 Indianapolis, IN 46227
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Resources in Central Indiana

Mental Health Support Groups		
<i>Below is a list of support groups on various topics and support group resources.</i>		
Organization	Contact Information	Description
<i>American Foundation for Suicide Prevention (AFSP) – Indiana Chapter</i>	Telephone: 317-517-5973 Website: http://afsp.org/chapter/afsp-indiana/ http://afsp.org/find-support/ive-lost-someone/	As a part of AFSP’s growing nationwide network of chapters, the Indiana chapter brings together people from all backgrounds who want to prevent suicide in our communities. Families and friends who have lost someone to suicide, vulnerable individuals, mental health professionals, clergy, educators, students, community/business leaders, and many others energize our chapter.
<i>American Foundation for Suicide Prevention (AFSP) – Indiana Chapter</i>	Telephone: 317-517-5973 Website: http://afsp.org/find-support/ive-lost-someone/	Support for those who’ve lost someone. You are not alone. Suicide affects millions each year, and thanks to our donors and volunteers—many of whom are loss survivors themselves—we can provide these resources to help you heal.
<i>Depression and Bipolar Support Alliance Greater Indianapolis</i>	Contact 1: Terri Weymouth Phone: 317-572-5009 Contact 2: John Weymouth Email: john@medisurg.com Phone: 317-413-4765 Email: info@dbsaindy.org Website: http://www.dbsaindy.org	DBSA provides hope, help, support, and education to improve the lives of people who have mood disorders.
<i>Depression and Bipolar Support Alliance Greater Indianapolis</i>	Carmel (Faith-based Men's Group) DBSA Hamilton County Contact 1: Don Gilliland Phone: (317) 270-2472 Email: info@dbsahcin.org Website: http://www.dbsahcin.org	
<i>Depression and Bipolar Support Alliance Greater Indianapolis</i>	Fishers DBSA Hamilton County Contact 1: Mary Halladay	

	Phone: (317) 270-2472 Email: info@dbsahcin.org Website: http://www.dbsahcin.org	
<i>Key Consumer Organization</i>	Telephone: 317-205-2500 Website: http://keyconsumer.org/	Provides supports as well as a free Warm Line (as opposed to a Hotline) that individuals may call 9 am – 5pm Monday – Friday for persons wanting socialization.
<i>Mental Health America</i>	Telephone: 800-969-6642 Website: http://mentalhealthamerica.net/	Mental Health America is the nation's leading community-based nonprofit dedicated to addressing the needs of those living with mental illness and to promoting the overall mental health of all Americans.
<i>National Alliance on Mental Illness (NAMI) Indianapolis</i>	Telephone: 317-257-7517 Website: https://sites.google.com/site/namiindianapolis/support-groups	NAMI Indianapolis is dedicated to improving the lives of persons and families affected by mental illnesses through education, support and advocacy.
<i>Mornings with the Dads</i>	Email: morningswithdads@gmail.com Website: http://tuesdayswiththedads.org	Support group for dads who have lost children