



## **Mental Health Task Force: Quarter 1 Progress Meeting**

Date: July 13, 2016

Time: 10:30-11:30 a.m.

Location: City Hall Auditorium

### **Update on Faith Based Group – Chief Orusa**

- The faith-based group is meeting every month and going through awareness and education exercises. In July, the group had Mike Dunn of Mental Health America Indianapolis who presented a training on teenage suicide.
- We're working with Chaucie's Place to bring their evidence-based suicide prevention program for teenagers to the faith-based group so it will mirror what the schools are doing.
- The group meets the last Tuesday of every month.

### **Review of Fishers Fire Emergency Services Behavioral Health Response Summary**

- See attached data report.

### **Situation Report – see quarterly progress report for additional details**

#### **Education & Training Recommendations**

- **Develop an education program for Fishers Police Department and Fishers Fire Department – Chief Davison/ Angela Ellison**
  - FPD has a meeting at the end of the month to solidify CIT Training for next year. They're planning to continue with about 50 students per class; classes open to all Hamilton County law enforcement agencies.
  - Will be meeting to learn about possibility of CIT for Youth in Hamilton County.
  - The goal remains for 100 percent of officers to be CIT Trained.
  - FFD is working to get as many in their department through CIT as they can.
  - FFD has already started quarterly training topics this year. They have gone through what an ID is and how it works with FPD; discussed excited delirium and have changed treatment protocols to better treat patients that experience excited delirium. Next quarter they'll cover traumatic brain injury and will finish up with Alzheimer's education in the fourth quarter.
  - NAMI had a CIT for Youth training in June for SROs.
- **Quarterly audit/review of mental health runs to see what can be learned – Chief Davison**
  - Looking at retrospective reviews of reports; will be doing cross reference of data for runs that were done for police department vs. runs for fire department.
- **Enhance the City's partnership with behavioral health providers – Mayor Fadness**
  - A lot of community stakeholders are interested in what we're doing and have reached out to learn more. Chief Orusa meets with all of those individuals to see how they can contribute/get involved.
- **Develop systemic comprehensive plan for schools – Dr. Mike Beresford**
  - Since last meeting, the school referendum was passed. Part of what the community voted for was support for mental health, and now there are some dedicated dollars for that.
  - In final draft of RFP to provide mental health services for HSE students, hopefully in all of the schools.



- In final draft of job description for mental health coordinator that will look after mental health, school guidance counseling and be the coordinator between the city, schools and hospitals.
- **Develop a youth training plan for public safety departments – Mike Johnson**
  - School Resource Officers attended CIT for Youth Training. Their challenge now is creating mental health curriculum for all grades.
- **Develop a community wide-communications campaign – Autumn Gasior**

Kicked off the #StigmaFreeFishers campaign and it's been going well. We're working with the school system to make sure the StigmaFreeFishers pledge is shared in the schools; hoping to get a lot of teenage engagement with that initiative.

  - Mental health providers including, Community Health Network and Aspire will have a presence at Fishers Parks & Recreation's Senior Expo on Aug. 18 to talk about mental health with our senior residents.
  - The September Arts Crawl will have a mental health theme as September is Recovery Month. A lot of artists will be showcasing what happiness means to them throughout the event.
  - Willing to offer up booth space at the Fishers Farmers Market each Saturday morning for organizations that would like to go out and talk about mental health resources and services.
  - Partnering with YMI to promote mentoring opportunities within the schools. We will be doing a Mayor's Challenge for 50 YMI mentors for the Fall 2016 semester.
  - Movember and No-shave November is an idea to consider for mental health fundraising/promotion.
- **Develop an awareness training program for coaches – Katie Keesling & Lynda Carlino**
  - SPORTS is working to educate parents and volunteers on mental health challenges and signs/symptoms to look for.
  - Mental Health Indy is working to get content to SPORTS to support the education process.
  - Mike Riekhof is on board to help educate parents and coaches to help them understand the need for mental health education and training; the Peyton Riekhof Foundation Softball Tournament may be a good way to get some of this information out.

#### Resources & Access Recommendations

- **Remodel community paramedicine program to include protocol for mental health runs – Chief Davison**
  - FFD has been working diligently with Aspire and Community Health on the structure of the programs; currently looking at patient follow up for youth-at-risk from HSE Schools as well as the adult follow-up of patients that have been discharged from the hospital for mental health issues.
  - Looking at opening up all six fire stations as fire-safe stations, so if someone needs help or access to resources they can come to any local fire station and get that.
  - Looking at a veterans program to work with them on PTSD issues and educate them on available resources.
- **Develop Intensive Care Coordination program for youth – Joan Reed**
  - Working to open up communications lines between school guidance counselors and hospital staff.
  - Working on releases for parents to get information to schools that would be necessary for follow ups.

**Next Meeting:** October 12, 10:30-11:30 a.m., City Hall Auditorium