



City of Fishers Health Department

Health Education

We are excited to present a wide array of health content! Within this catalogue, you'll find primary content categories and our selection of topics.

Curriculum:

- [Connections](#): A primary prevention curriculum for intimate partner violence. (Grade 7+)
- [Health Care Empowerment](#): A curriculum for navigating health care.

Topics:

- **Anti-sexual violence**
 - Bystander Intervention
 - Cultivating a Culture of Consent: Sexual Assault Prevention
 - Domestic Violence
 - Sexual Harassment in Workplace 101
 - Sexting & Online Safety
 - Victim Blaming: Understanding Rape Culture in the United States
- **Community Safety & Care**
 - Dementia Friends Indiana
 - Dementia Friendly for Businesses
- **Recognizing & Responding to Human Trafficking**
- **Youth Mental Health First Aid Training***
- **Cultural Humility**
 - Diversity & Inclusion
 - Privilege and Oppression
 - Empathy & Empowerment
 - LGBTQ+ 101
- **Diseases**
 - Cancer 101
 - Cardiac Arrest & Heart Attack
 - Diabetes 101
 - Lyme Disease 101
 - Tuberculosis 101

• Environmental Health

- Food Safety & Sanitization
- Pests & Infectious Disease
- Safe Drinking Water
- ServSafe* Training
- Waste Disposal & Proper Recycling

• Personal Care

- Basics of Nutrition
- Oral & Dental Health
- Personal Hygiene

• Physical Wellness

- Basics of Physical Health
- Body Image & Healthy Eating
- Nutrition

• Public Health

- Public Health 101
- Vaccination

• Spiritual Health

- Spiritual Health
- World Religions

• Sexually Transmitted Infections

- Chlamydia & Gonorrhea
- Human Immunodeficiency Virus (HIV) 101
- STD/I 101

• Substance Use Disorder

- Alcohol Expectancy Theory: Alcohol Abuse Prevention
- Introduction to Opioid Crisis & Use of Naloxone
- Know The Risks: A Youth Guide to E-Cigarettes
- The Impact of Driving Under the Influence.

*Charges apply for the course.

~This document is subject to change.

~The curriculums and topics meet the Indiana Department of Education standards.

~City of Fishers Health Education Division has the right to cancel or reschedule the training/information sessions.



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If you would like to schedule a program for your group, community, or school, contact

Fishers Health Department at HealthEdu@Fishers.in.us